

LIVING YOUNG NEWSLETTER



Therapeutic
Recreation

2025 | April | May | June

Coffee With A Chiro

Join us for a delightful coffee and donut gathering with Chiropractor Dr. Virgil Taylor on Friday, April 4, at 9:30 AM! Prepare for an informative session with a local chiropractor who will share valuable insights on posture, spinal health, and overall wellness. This is a wonderful chance to ask questions and explore how chiropractic therapy could benefit you!

Intern Project: The Toy Box Mystery

Get ready to dive into the mystery of a lifetime with our fabulous intern, Samoaia Toy, on April 11! Join her for "The Toy Box Mystery," where you'll uncover clues, tackle puzzles, and step into a whirlwind of interactive fun! This is no ordinary adventure—it's a creative, brain-bending extravaganza! Since it's Samoaia's grand finale project, we want to show up and show out! You can snag a spot ahead of time for one of our thrilling group sessions at 10AM, 11AM, 1PM, or 2PM. So rally your friends and jump into this epic Escape Room challenge!

Meet and Eat at Mississippi College

Join us for Meet and Eat at Mississippi College on April 16 at 11:30 AM! Come enjoy good food, great conversation, and make new connections in a relaxed and welcoming atmosphere! \$10.50 per person

Spring Fling Color Party Picnic

Get ready for a vibrant and fun-filled afternoon at our Color Party Picnic on April 23 at 12:30 PM! Here's how it works: Pick a color, wear that color, and bring foods that match your color to share at the picnic! Whether you go all out in bright red, sunny yellow, or cool blue, this is your chance to get creative with both your outfit and your snacks. It's a fun way to celebrate community, enjoy delicious food, and add a pop of color to the day. Sign up for your color in advance to ensure we have a full rainbow of flavors and fun. Don't miss out on this colorful experience—grab your spot and let's make this picnic a feast for the eyes and the taste buds!



Vet to Vet Cafe

Sponsored by Baptist Hospice, this monthly program offers veterans and their loved ones a space to connect and learn about available services. Check the calendar topics for each 3rd Monday's topic!

Program Registration

Registration opens on the 15th of the month prior to the event. When the 15th falls on a weekend, call in registrations will take place on the first business day following the 15th.

April Programs: Now

May Programs: April 15

June Programs: May 15

Living Young Mini Conference

Get ready to add some color to your day at the Color Party Picnic on April 23rd at 12:30 PM! Join us for a vibrant, fun-filled afternoon with delicious food and plenty of opportunities to make new friends. Bring your picnic blanket, wear your brightest colors, and get ready to celebrate spring in style!



Derby Day

We're back with another fun Derby Day at The Wood Activity Center on May 1st at 1:30 PM! Experience the excitement of the races with fun activities, refreshments, and a festive atmosphere. We will award the titles of best dressed and best hat so don't forget to wear your best derby attire and get ready for an afternoon full of energy, competition, and celebration!

Public Service Appreciation

Join us in honoring our community heroes at the Public Service Appreciation Breakfast on May 2nd, hosted by the Living Young seniors! Come and experience a meaningful morning filled with gratitude as the Living Young group pays tribute to the dedicated individuals serving the City of Clinton, including police, fire, and public workers. We kindly request that you bring breakfast items that you believe the workers will enjoy, and take part in engaging conversations as they connect during breakfast from 8 AM to 9:30 AM.

Cinco De Mayo Lunch + Loteria Bingo

Join us on May 5th at 12:30 PM for a Cinco de Mayo celebration packed with flavor and fun! Build your own walking tacos, sip on refreshing mocktails, and try your luck at Lotería Bingo with friends. Get ready for festive vibes, delicious bites, and a fiesta you won't forget—olé! Don't miss out—RSVP today!

Chef Charles Smith Cooking Demonstration

Food enthusiasts, join plant-based Chef Charles Smith at the Wood Activity Center for an exclusive cooking demonstration on May 7 and May 14 at 1 PM. Chef Charles will showcase his signature techniques, share tips, and create delicious recipes that are both healthy and delicious. Attendees can watch, ask questions, and sample the dishes. It's a fantastic opportunity for all cooking levels to learn and enjoy a fun, flavorful afternoon. Mark your calendar for this unforgettable culinary event and RSVP before spaces are gone!

Sweet Circle Creations

Come out to Sweet Circle Creations on June 5th at 2 PM, where we'll be decorating donuts together! This fun and creative event is a perfect chance to get hands-on, enjoy some treats, and share the experience with others.

Wood Center Swap

The Wood Center Swap – Out with the Old, In with the New! Looking to refresh your space while giving your old items a new home? The Wood Center Swap is the perfect chance to declutter and discover something new!

Each year, we invite the community to donate and shop at this special event. Bring in gently used items you no longer need—such as jewelry, clothing, home décor, kitchen supplies, and books—and this year, we're also accepting small working appliances!

So start sorting through your closets and drawers, bring in your Spring cleaning finds, and join us for a fun and sustainable way to refresh your belongings. Happy swapping!

www.clintonms.org | 601.924.6387

Pinch Pot Flowers

Join us for a blooming good time on May 21st at 2:00 PM as we dive into a fun and crafty session of pinch pot flower-making! Whether you're a pottery pro or a total newbie, this hands-on workshop will have you twisting and shaping your way to gorgeous, one-of-a-kind floral creations. Don't miss out on the fun!

Pinch Pot Flowers
May 21 at 2:00 PM



Wood Center Swap Details

Drop-off Times:

June 13 | 9 AM – 12 PM & 1:30 PM – 3:30 PM

Shopping Times:

◆ VIP Shoppers (those who contribute items) –
June 18, 9 AM – 10 AM

◆ General Shopping – Begins
June 18 at 10 AM and runs
through June 19 at 4 PM

111 Clinton Blvd., Clinton, MS

Living Young Olympics

Get ready for the Living Young Olympics at on June 12 at 1 PM! Teams will compete in a series of fun and exciting challenges, testing their skills and teamwork. Gather your friends, form a team, and come out for an afternoon of friendly competition and lots of fun. Whether you're a seasoned athlete or just looking to have a good time, there's something for everyone. From relay races to obstacle courses, each event is designed to bring out the champion in you while fostering camaraderie and laughter. Prizes will be awarded to the top teams, and everyone is encouraged to cheer each other on. Don't forget to bring your enthusiasm and sportsmanship—this is an event you won't want to miss! RSVP and Let the games begin!



Boulevard Burger Bash

Join us at the Boulevard Burger Bash on June 20th at 12 PM! Grab a juicy burger from Ayers Insurance Group, kick back with great company, and enjoy the laid-back vibes. Space is limited, so RSVP early! Whether you're all about a classic cheeseburger or just here for the fun, this is one tasty event you don't want to miss. Bring your friends and come hungry—we'll see you there!

Quarterly Birthday Social Sponsored by Baptist Hospice

It's time to celebrate! If your birthday falls in January, February, or March, you're invited to our Quarterly Birthday Social on June 26th at 1 PM. Join us for a fun and festive afternoon featuring delicious cake and ice cream, generously sponsored by Visiting Angels. This is your moment to be recognized and celebrated among friends and fellow birthday honorees. Come ready to enjoy great company, sweet treats, and the chance to make your special day even more memorable. Don't miss this opportunity to share in the joy of birthdays with others who share your quarter! Limited to the first 20 participants to register by May 15th.

Ice Cream Social

Cool off and treat yourself at our Ice Cream Social on June 27 at 2 PM! Join us for a sweet afternoon filled with delicious scoops, fun toppings, and great company. Whether you love classic vanilla, rich chocolate, or a swirl of both, there's something for everyone to enjoy. Grab a bowl, pile on your favorite toppings, and savor the moment with friends. Don't miss this delightful way to beat the summer heat—RSVP today and bring your sweet tooth

WOOD CENTER CINEMA SHOWINGS



1:30

APRIL 7 : ANNIE (2014)

MAY 29 : THE SECRET LIFE OF BEES

**JUNE 9: THE LITTLE MERMAID
(2023)**

2025

April

May

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key *Small Program Room Bold Programs require RSVP	1 11:00 Chairobics 1:30 Line Dancing	2 10:00 Momentary Reflections 1:30 Wild Cards	3 11:00 Chairobics 12:30 Bridge 1:00 Yarn Bombing in Olde Towne	4 9:30 Coffee with a Chiro (Dr. Virgil Taylor) 10:30 Wii Bowling
7 9:00 Quilting* 1:30 WC Cinema: Annie (2014)	8 11:00 Chairobics 1:30 Line Dancing	9 11:00 Flexercise 11:35 Aerobics	10 11:00 Chairobics 1:00 Music Workshop*	11 Escape Room: The Toy Box Mystery (Intern Project)
14 10:00 Dance Fitness 1:30 Wild Cards	15 11:00 Chairobics 1:30 Line Dancing	16 11:00 Flexercise 12:00 Meet and Eat at MC Cafeteria	17 11:00 Chairobics 2:00 Bingo Sponsored by Homewell Care Services	18 Closed for Good Friday
21 9:00 Quilting* 9:30 Vet to Vet Café	22 11:00 Chairobics 1:30 Line Dancing	23 11:00 Flexercise 12:30 Living Young Color Party Picnic	24 11:00 Chairobics 12:00 Intern Farewell Lunch 1:00 Music Workshop*	25 10:00 Paint Workshop
28 10:00 Dance Fitness 12:30 Mexican Train Dominoes	29 11:00 Chairobics 1:30 Line Dancing	30 Living Young Mini Conference (Registration Required in advance)	1 11:00 Chairobics 12:30 Bridge	2 8:00—9:30 Public Service Appreciation Breakfast 1:30 Wild Cards
5 9:00 Quilting* 12:30 Cinco De Mayo Loteria Bingo Lunch	6 11:00 Chairobics 1:30 Line Dancing	7 10:00 Momentary Reflections 1:00 Chef Charles Food Demonstration	8 11:00 Chairobics 1:00 Music Workshop*	9 1:30 Derby Day
12 10:00 Dance Fitness	13 11:00 Chairobics 1:30 Line Dancing	14 11:00 Flexercise 11:35 Aerobics 1:00 Chef Charles Food Demonstration	15 11:00 Chairobics 2:00 Bingo Sponsored by Covenant Caregivers	16 9:30 Coffee and Conversation
19 9:00 Quilting 9:30 Vet to Vet Café 1:30 Wild Cards	20 11:00 Chairobics 1:30 Line Dancing	21 11:00 Flexercise 2:00 Pinch Pot Flowers	22 11:00 Chairobics 1:00 Music Workshop*	23 10:00 Wii Bowling
26 Closed for Memorial Day	27 11:00 Chairobics 1:30 Line Dancing	28 11:00 Flexercise 11:35 Aerobics	29 11:00 Chairobics 1:30 WC Cinema: The Secret Life of Bees	30 10:00 Paint Workshop
2 9:00 Quilting* 11:30 Potluck	3 11:00 Chairobics 1:30 Line Dancing	4 10:00 Momentary Reflections	5 11:00 Chairobics 12:30 Bridge 2:00 Sweet Circle Creations	6 9:30 Coffee and Conversation 1:30 Wild Cards
9 10:00 Dance Fitness 1:00 WC Cinema: The Little Mermaid (2023)	10 Sno Biz Tasty Tuesday 11:00 Chairobics 1:30 Line Dancing	11 11:00 Flexercise 11:35 Aerobics	12 11:00 Chairobics 1:00 Music Workshop* 2:00 Living Young Olympics	13 Swap Drop off 9:00AM– Noon and 1:30-3:30 10:00 Wii Bowling
16 9:00 Quilting* 9:30 Vet to Vet Café	17 11:00 Chairobics 1:30 Line Dancing	18 11:00 Flexercise 9:00 Swap Opens for VIP Shopping	19 11:00 Chairobics 2:00 Bingo	20 12:00 Blvd Burger Bash (Sponsored by Ayers Insurance Group)
23 10:00 Dance Fitness 1:30 Wild Cards	24 11:00 Chairobics 1:30 Line Dancing	25 11:00 Flexercise 11:35 Aerobics	26 11:00 Chairobics 1:00 Music Workshop* 1:00 Birthday Social	27 10:00 Paint Workshop 2:00 Ice Cream Social
30 12:30 Mexican Train Dominoes	1	2	3	4 Holiday Closure

Wood Center Swap hours: 10A –12P & 1P - 4PM