# Quarterly Newsletter

# Living Young Olympics - April 5th

Display your enthusiasm and competitive spirit by participating in our Living Young Olympics, which will be hosted by our intern students for their final grade before graduation! Join one of our vibrant teams: orange, black, purple, or blue, and engage in a plethora of Olympic-style games. From basketball relays to soccer shootouts, Balloon Volleyball, Ring Toss, Pool Noodle Javelin, and Speed Stacking, there's something for everyone. Each team comprises five players, so gather your friends and register before April 3rd to secure your spot. Once registered, don your team's colored shirt to exhibit unity and team pride. Hurry, spots will fill up fast-don't miss out on the chance to sprint towards victory at the Living Young Olympics!

### **Exploring Mississippi College**

Experience the charm and academic excellence of Mississippi College like never before with our exclusive private tour, complete with a delicious lunch on campus.

Join us for an intimate exploration of our historic grounds, led by knowledgeable guides who will unveil the rich history and vibrant culture of the institution. As you stroll through the picturesque campus, you'll discover state-of-the-art facilities, stunning architecture, and thriving community. After the tour, indulge in a mouthwatering lunch prepared with care by the College's talented culinary team, giving you a taste of the exceptional dining experience that awaits students every day. Don't miss this opportunity to immerse yourself in the essence of Mississippi College. The tour will take place on April 15th at 11AM. There are limited spaces available.

# Craft Workshops



Yarn Earring Workshop - May 22 Step outside of the norm with these unique accessories! We will show you how to make several types of earrings using yarn including tassels and pom poms that are sure to spruce up your style this summer. RSVP Required.



Pocket Wreath - June 26th Bring in your choice of artificial flowers and we will provide the rest if the materials needed to make a unique indoor wreath. RVSP Required.

City of Clinton Therapeutic Recreation Department
Wood Activity Center | 111 Clinton Blvd., Clinton, MS | 601-924-6387

Registration Dates:
April - Registering Now
May - Opens April 15
June - Opens May 15

# Pajama Day Luncheon

On April 16th at noon we will host a Pajama Brunch informational led by MHI Insurance. Dress in your most comfortable pajamas and bring your appetite for both food and knowledge as Samantha Meacham shares ways to put a stop to unwanted calls and help you guard against Medicare fraud. All you need to bring is yourself and your enthusiasm for learning. Let's make this pajama lunch not only cozy but also empowering and enlightening!

# Spring Fling Color Party

Get ready to add a splash of color and join us for our Spring Fling Color Party where you get to sign up for a team color and bring food in that vibrant hue. Here's how it works: choose your team color and start planning your dish accordingly. Whether you're whipping up a red velvet cake, packing a blueberry salad, or creating a guacamole masterpiece, let your creativity shine through! Come dressed in your team color and bring your colorful culinary creation to share with friends. Mark your calendars for April 24th, sign up for your team color, and start planning your colorful contribution.

### **Public Service Appreciation**

Join us on May 3rd at 8:30AM for a Public Service Appreciation Breakfast! Help us honor our local public service workers by bringing food to share – whether it's pastries, muffins, fruit, or bagels. We'll provide the coffee; all you need to bring is your appetite and a dish to contribute. Come together with us for a morning of gratitude and conversation as we express our appreciation for the hard work of our public service workers. Let us know if you can attend, but everyone who can make it is welcome to join in showing our thanks. See you there!

# **Derby Day**

Get ready for the highly anticipated return of Derby Day at The Wood Center! On May 6th, beginning at 1:30 PM, immerse yourself in a day filled with joy and thrill. Dive into Kentucky Derby themed games and engage in the excitement of a live auction where you can splurge your "winnings." Dress in your Kentucky Derby style attire and compete for the title of "Best Hat" and "Best Dressed". Don't forget to RSVP by April 29th to secure your spot. Light refreshments will be served.



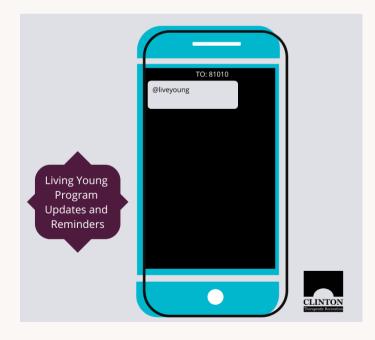


#### Taste of the Nations

On May 21st at noon, we will embark on a mouthwatering journey around the globe at our "Taste of the Nations" potluck-style event! Join us on a journey of cultural exploration and culinary delights. Bring a dish from a country close to your heart, whether it's a cherished family recipe or a newfound culinary discovery. From the aromatic spices of India to the comforting flavors of Italy, let's come together to share not just food, but stories and traditions too. Get ready to indulge in a feast that reflects the rich tapestry of our diverse world. Save the date and get ready to treat your taste buds to an unforgettable adventure!

#### **Wood Center Swap**

The Wood Center Swap is a great way to get rid of old items and get some new ones in return if you'd like. The Swap is open to anyone, and you can bring any items from home that you don't need anymore like jewelry, clothes, home décor, kitchen supplies and books. Unfortunately, no electronics are allowed. The drop-off dates are June 10th and 11th and there will be VIP (contributor) shopping on June 13th beginning at 9AM. VIP's can also get up to 20 tickets to use at the Swap for bringing in items to trade. Anyone not adding to the swap will receive free tickets to exchange for items beginning at 10AM on June 13th. This is a great way to reduce waste and get some new items without spending money. Check your calendars for drop off times and don't forget to spread the word!



## Boulevard Burger Bash

Celebrate the essence of summer with sizzling burgers on the grill and cherished moments with friends. Join us on June 21st at noon as we ignite the grill and dish out mouthwatering burgers complete with all the toppings. Alongside indulging in delicious food, we'll relish in fellowship and engage in lively group games, setting the perfect tone for an unforgettable weekend kickoff.



### Pine Belt Day Tour - May 30

Embark on a captivating journey departing from the Clinton Parks & Recreation lot promptly at 7:00 AM, with the bus setting off at 6:30 AM to ensure timely arrival at our first destination. Our adventure begins with a refreshing stop at the Hattiesburg Welcome Center, offering a chance to rejuvenate with coffee, donuts, and a warm welcome from the Hattiesburg Area Development Partnership. Continuing our exploration, we delve into the heart of Downtown Hattiesburg, where the iconic Historic Saenger Theatre awaits. Here, we'll indulge in an overview before immersing ourselves in a timeless classic with a screening of a Charlie Chaplin film, accompanied by Coke and popcorn.

Following the theatre experience, we embark on a guided tour of the renovated Train Depot, learning about its rich history and significance. Then, it's time to satisfy our appetites with a delectable hot lunch buffet at Crescent City Grill, complete with iced tea and dessert. Post-lunch, our journey leads us to the African American Veterans Museum for a self-guided tour, offering insights into the contributions of these unsung heroes. As the day draws to a close, we return to the USM Campus, where we'll stroll through the Rose Garden for a brief history lesson before concluding our visit with a riding tour led by a knowledgeable student guide.

Departing from Hattiesburg by 5:00 PM, we'll make a convenient restroom stop either at the Welcome Center or USM before heading back, aiming to reach Clinton by 7:30 PM. This enriching experience comes at a modest cost of \$99.00 per person, based on a group of 30 passengers. Join us for a day filled with history, culture, and camaraderie. Register by May 10 to reserve your spot.

### Mystery Tour - July 18

Join us for an adventure on July 18th as we embark on a mystery trip. Explore both well-known landmarks and hidden treasures, indulge in local cuisine, and create unforgettable memories. Departure from Traceway Park is at 7AM, returning around 5:45PM. Reserve your spot by paying \$145 per person to TREK TRAVEL at the Wood Activity Center by July 1st. Don't miss out—sign up now for another exciting Mystery Trip!

FULL PAYMENT IS DUE AT THE TIME OF RESERVATION.

EXACT CHANGE OR
CHECKS CAN BE BROUGHT OR MAILED TO THE WOOD

ACTIVITY CENTER

LOCATED AT

111 CLINTON BLVD.,
CLINTON, MS 39056.
MAKE CHECKS PAYABLE TO TREK TRAVEL.

Details coming soon on our 2024 Christmas Tour!!!

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
| 1<br>9:00 Quilting<br>11:00 Clinton<br>Nature Center Walk<br>(\$2 on site)          | 2<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                 | 3<br>10:00 Momentary<br>Reflections<br>11:00 Flexercise             | 4<br>11:00 Chairobics<br>12:30 Bridge<br>2:00 Golden Cue<br>Club                    | 5<br>10:30 Living<br>Young Olympics<br>(Intern Project)  |
| 8<br>10:00 Dance Fitness  | 9<br>11:00 Chairobics<br><b>11:45 Intern Farewell</b><br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing | 10<br>11:00 Flexercise<br>2:00 Zentangling                          | 11<br>11:00 Chairobics<br>1:00 Music<br>Workshop                                    | 12<br>10:00 Pickleball<br>1:30 Clintonopoly              |
| 9:00 Quilting 10:30 Mississippi College Campus Tour + Lunch (\$7 on site for lunch) | 16<br>11:00 Chairobics<br><b>12:00 Pajama Day</b><br><b>Lunch and Learn</b><br>1:30 Line Dancing               | 17<br>11:00 Flexercise<br>2:00 Zentangling                          | 18<br>11:00 Chairobics<br>2:00 Bingo  | 19<br>10:00 Pickleball<br>1:30 Clintonopoly              |
| 10:00 Dance Fitness   | 23<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 24<br>11:30 Spring Fling<br>Color Party                             | 25<br>11:00 Chairobics<br>1:00 Music<br>Workshop                                    | 26<br>10:00 Paint<br>Workshop                            |
|   | 30<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 1<br>10:00 Momentary<br>Reflections<br>11:00 Flexercise             | 2<br>11:00 Chairobics<br>2:00 Golden Cue<br>Club                                    | 3<br>8:30 Public<br>Service<br>Appreciation<br>Breakfast |
| 6<br>1:30 Derby Day   | 7<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                 | 8<br>11:00 Flexercise<br>2:00 Zentangling                           | 9<br>11:00 Chairobics<br>1:00 Music<br>Workshop                                     | 10<br>11:30 Meet and<br>Eat @ A Taste of<br>India        |
| 13<br>9:00 Quilting<br>Workshop<br>10:00 Dance Fitness                              | 14<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 15<br>11:00 Flexercise<br>2:00 Zentangling                          | 16<br>11:00 Chairobics<br>2:00 Bingo  | 17<br>10:00 Pickleball<br>1:30 Phase 10                  |
| 20<br>12:30 Mexican Train<br>Dominoes   | 21<br>11:00 Chairobics<br>11:45 Taste of the<br>Nations Potluck<br>1:30 Line Dancing                           | 22<br>11:00 Flexercise<br>2:00 Yarn Earring<br>Craft (\$5)          | 23<br>11:00 Chairobics<br>1:00 Music<br>Workshop                                    | 24<br>10:00 Pickleball<br>1:30 Phase 10                  |
| 27<br>Closed for<br>Memorial Day  | 28<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 29<br>11:00 Flexercise  | 7:00 Pine Belt Day<br>Tour<br>11:00 Chairobics                                      | 31<br>10:00 Paint<br>Workshop                            |
| 3<br>9:00 Quilting<br>Workshop  | 4<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                 | 5<br>10:00 Momentary<br>Reflections<br>11:00 –1:00 Closed           | 6<br>11:00 Chairobics<br>12:30 Bridge<br>2:00 Golden Cue<br>Club                    | <b>7</b><br>9:30 Coffee and<br>Conversation              |
| 10<br>10:00 Dance Fitness   | 11<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 12<br>11:00 Flexercise<br>2:00 Zentangling                          | 13<br>9:00-10:00<br>Contributor Shopping<br>11:00 Chairobics<br>1:00 Music Workshop | 14<br>10:00 Pickleball                                   |
| Swap Drop Off from 9-1  | 11AM and from 1-3PM  |   | Wood Center Sw  | ap 9AM-3PM   |
| 17<br>9:00 Quilting   | 18<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 19<br>11:00 Flexercise<br>2:00 Zentangling                          | 20<br>11:00 Chairobics<br>2:00 Bingo  | 21<br>10:00 Pickleball<br>12:00 Boulevard<br>Burger Bash |
|   | 25<br>11:00 Chairobics<br>12:30 Beginner's Line<br>Dancing<br>1:30 Line Dancing                                | 26<br>11:00 Flexercise<br>2:00 Pocket Wreath<br>Craft (BYO flowers) | 27<br>11:00 Chairobics<br>11:45 Quarterly<br>Birthday Social<br>1:00 Music Workshop | 28<br>10:00 Paint<br>Workshop                            |